

FOR IMMEDIATE RELEASE

YMCA of Regina and Medavie Health Services Partner to Enhance Youth Health Supports at HOMEBASE Moose Jaw

Moose Jaw, SK - The YMCA of Regina is pleased to announce a new partnership with Medavie Health Services to support the activities of the HOMEBASE youth hub in Moose Jaw, part of Saskatchewan's Integrated Youth Services initiative (IYS).

Under this agreement, Medavie will be contracted to provide support to the hub through the engagement of a part-time Registered Nurse (RN). The RN will work in partnership with The Nest Health Centre as part of the HOMEBASE team to deliver a range of health services that align with the program's core principles and services.

The RN will provide services in the following areas:

- Assessment – Conducting health assessments to identify youth needs
- Treatment and Management – Supporting youth in managing health conditions
- Education and Advocacy – Promoting health literacy and empowering youth
- Referrals and Collaboration – Connecting youth with appropriate community and clinical services

The Nest Health Centre provides physician services and medical support for the YMCA HOMEBASE. The RN will work collaboratively with the Nest Health Centre and HOMEBASE to ensure youth receive timely, culturally responsive, and youth-friendly care.

“This partnership reflects our shared commitment to delivering accessible, community-based care that meets youth where they are,” said Angela Sereda, Senior Operations Manager at Medavie Health Services. “We’re proud to support the YMCA of Regina and the HOMEBASE Moose Jaw youth hub in creating a safe and supportive space for young people to thrive.”

HOMEBASE Moose Jaw is one of four initial IYS youth hubs in Saskatchewan, supported by \$4.5 million from the Government of Saskatchewan, while being led by the YMCA of Regina with provincial leadership from the HOMEBASE provincial team within the John Howard Society of Saskatchewan.

“The HOMEBASE Moose Jaw youth hub provides critical support to youth within the community,” Mental Health and Addictions Minister Lori Carr said. “The YMCA’s new partnership with Medavie Health Services will increase access to primary health care for our youth and improve the outcomes of the next generation.”

The IYS model is designed to provide “one-stop shop” youth hubs that integrate mental health and addictions services; physical health services; education, employment, and training supports; cultural and traditional supports; and social and community supports for youth aged 12 to 25 and their caregivers.

"We are thrilled to be collaborating with Medavie to bring registered nursing services to HOMEBASE Moose Jaw. This collaboration will play a critical role in providing early intervention and education and awareness ultimately helping us to improve health outcomes for youth" said Steve Compton, YMCA of Regina, Chief Executive Officer.

This collaboration is part of Medavie’s broader mission to improve the well-being of Canadians by integrating health care with community-based programs in meaningful and impactful ways.